



Whether wet or dry, a sauna room helps to create smiles and a happy feeling.



Health Benefits

Steam and wet Sauna benefits:

- * Reduces stress, relieves tension and adds calmness to one's life.
- * **Relaxes muscles for healing to take place.**
- * Improves social relationships.
- * **Increases one's personal self respect and happiness.**
- * Relieves upper respiratory inflammation and congestion.
- * **Helps get rid of colds and coughs and relieves throat irritation.**
- * Relieves spasmodic breathing (asthma, croup).
- * **Promotes new feeling of strength and vitality.**
- * Stimulates the immune system and helps detoxify the body.

Steam and sauna bathing is one of the simplest ways to rid the body of unwanted toxins. As the pores of the skin open, millions of sweat glands allow the body to rid itself of metabolic and other waste products.



Special home steam/shower pyramid with stainless steel and tempered glass

Special Phuket Promotion Price!



Sauna Accessory Package

This special pack contains some of the most popular accessories in the Tylo product line that any sauna owner would be proud to use in his sauna: wooden bucket with matching wooden ladle, thermometer and hygrometer, an hourglass, a bottle of Tylo sauna fragrance for sprinkling over the hot stones, and Tylo's specially created sauna-bathing poster.

Note to builders:
Our sauna people will be happy to supply sauna accessories and beautiful Scandinavian pine wood for your building needs.



California Spa Design

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California Spa Design

Steam and Sauna Room Specialists
Business & Residence

Design & Consultation Free!

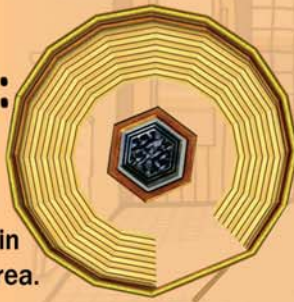


California Spa Design

Steam and Sauna Room Specialists

Who we are... Why we began:

We began California Spa Design/Phuket to solve two important needs of Spa owners in the Phuket, southern Thailand area.



Maintenance: We found Spa owners complaining about the lack of support and maintenance in Phuket. If you have a maintenance problem at 6PM on Friday or on the weekend, or during a holiday you might just be out of luck until normal business hours open again....many times waiting over the weekend or holidays when your business most needs support and if support comes from Bangkok, your Spa may have to wait till the next available support person is scheduled to come down to Phuket, maybe a week or so later, thus losing valuable Spa revenue and disappointing Spa customers. That's why we offer fast, efficient and courteous service... when you need it! Service is our #1 priority!

Our Motto:
Service is our #1 priority! Call us anytime to support your Spa business... evenings and weekends included!

Creative Design:

In the same survey, we found local Spa owners feeling that most companies selling steam and sauna rooms were not really offering unique, original designs, nor doing the research to offer Spas the most up to date look, with the most current energy efficient and beautiful materials.

We believe steam & sauna rooms should nourish and delight all the senses... not just a "hot box"!

World Class Products Mean Safety and Performance for you and your Spa Customers

With safety and performance uppermost in our mind, we are proud to distribute three of the world's leading brands of Spa equipment.

TYLO

We import directly from Tylo AB, one of Sweden's leading Spa equipment manufacturers. Tylo equipment is widely revered for its high quality, safety and energy efficiency.



Tylo Steam generator and Sauna heater

MrSteam®

We are also proud to import the full line of MrSteam and MrSauna Spa equipment from the Sussman Lifestyle Group in the USA. MrSteam and MrSauna equipment is some of America's leading Spa equipment found in numerous well known Spas and private homes.



MrSteam Steam generator



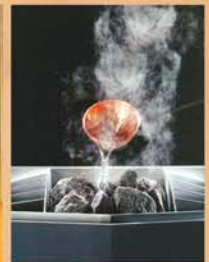
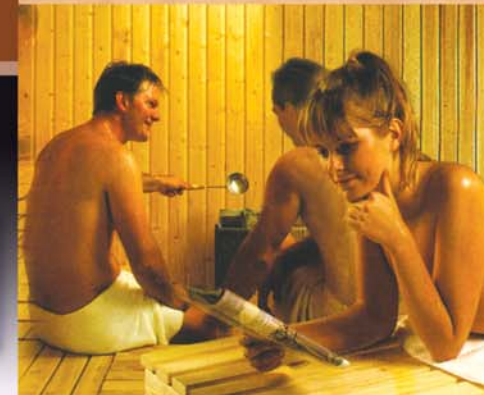
For spa lovers, we distribute the award winning Hot Spring Portable Spas manufactured in the USA by the Watkins Corp. These unique spas do not need plumbing, are space conscious, easily moved, and simple to maintain while providing healthy award winning therapeutic water massage benefits to ease back pain and stiff joints. With the benefits of portability and feeling of luxury it is the perfect addition to your home, hotel pool or Spa business.



Letting tension and stress melt away in your Hot Spring Portable Spa.

Our Guarantee!
We offer only the best the world has to offer in Spa equipment. We will not compromise your safety by selling unknown, untested, "knock off" copies of famous brands!

What's the difference?



Ladling water onto hot sauna rocks to create steam in a wet sauna

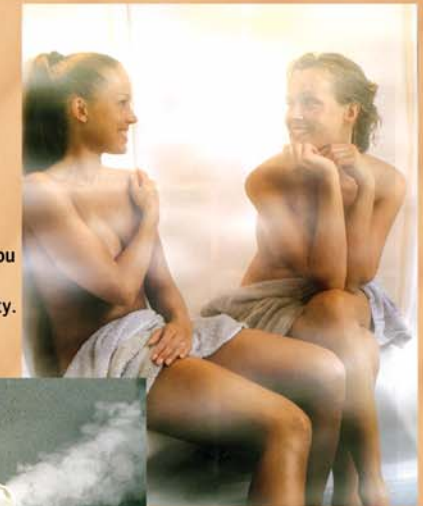
Sauna A dry sauna has a very high bathing temperature of 90-110°C in an almost totally dry atmosphere. Formerly very popular, this is ideal if you like to feel the searing sensation of heat that dries your skin and hair, when your lungs burn with each breath of hot air. Perfect for reading a book or magazine.

Currently more popular is the wet sauna with temperatures ranging from 75-90°C and humidity between 20-35%. Now and then you ladle water onto the hot rocks to achieve your desired temperature and humidity.

Usually saunas are made with fine European woods such as Spruce, Aspen, Alder or Pine.

Steam

Not to be confused with the wet sauna. Amid clouds of steam in a special room of fiberglass, glass or tiles at a low temperature of 40-45°C you enjoy the stimulating sensation of 100% humidity. Reading inside is not recommended!



Steam room outlet emitting hot steam into the room